Figure 4.1. The Multifaceted Approach of *Emotional Literacy for Students* and the Ways it Promotes Academic and Social Success, Health, and Well-Being

### Emotional Literacy for Students

- The Personal Association
- The Academic & Real World Link
- The School-Home Partnership
- The Creative Connection
- The Strategy-Building Session

### Pathways / Mechanisms

- Safe & Caring Learning Environment
- Empowerment Building
- Ability to Empathize & Take Others’ Perspectives
- Critical Thinking Skills

### Outcomes

- Academic Success
- Social Success
- Health & Well-Being

### Facilitating & Impeding Factors

**Internal (individual):**
- Attitudes, self-efficacy, morality, motivation

**External (contextual):**
- Family, classroom, neighborhood or community, culture

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