

## LESSON 72: MAKING A GOOD DECISION

### UNIT: DECISION MAKING AND GOAL SETTING

**OBJECTIVE:** To learn the steps necessary for making a well-thought-out decision, including weighing the pros and cons.

**Group Activity:**

1. Discuss what is necessary to make a good, informed decision. Go through the steps below and answer any necessary questions.

- State the problem or choice that must be made.
- Outline what you know about the situation already.
- Gather more information if necessary.
- Make a pro and con list for each choice and consequences.
- Choose what to do.

2. Practice these steps with the following situation together as a class:

The big school dance is this Friday and two people asked you to go. You like things about both of them. Decide who to go to the dance with.

**ACTIVITY:** In-class journal: Write about a big decision you have to make. Explain why you must make this decision and outline how you will make your choice.

**HOMEWORK:** Write about the biggest decision you've ever had to make. How did you come to your decision? Was it the right one?