

Motivation Cardinal Questions for Educators

1. **What do you know** about motivation, about motivating yourself, and about motivating others? We think it is critical to reflect on **what do you know** and what motivated you to learn it?
2. **What do you do** for work and why? **What do you do** for fun and why?
3. **How do you learn?**
 - What preferences do you have when you learn something new? (See Chapter 2)
4. **How do you approach or react to an unfamiliar task?** In addition to what we present in relationship to this question in Chapter 4 consider the following:
 - What inspires you to approach an unfamiliar task?
 - How do you react when you are presented with an unfamiliar task or challenge that is not your choice?
5. **What will you do with the information you gain from answering the first four questions?** What motivates you to use the information you have gained from answering the first four questions to do something new or different?